

## **FREQUENTLY ASKED QUESTIONS (FAQ)**

### **1) What Is The Yoga Professional Certification Scheme?**

The honourable Prime Minister of India had desired to spread India's traditional knowledge worldwide with credible systems with specific reference to Yoga which should provide India leadership in assuring quality of Yoga practices across the world. The Ministry of AYUSH in pursuance of the above and in the wake of declaration of International Day of Yoga in 2015 identified the Quality Council of India (QCI) to develop a Voluntary Scheme for Evaluation and Certification of Yoga Professionals.

QCI has designed the Yoga Professional Certification Scheme by adopting the principles and requirements laid down in the international standard, ISO 17024:2012 General Requirements for Bodies Operating Certification of Persons. The Scheme was presented to the Ministry of AYUSH and was launched on 22 June 2015 in the valedictory function of the International Day of Yoga celebration by the Hon'ble Home Minister, Shri Rajnath Singh.

Please note that it is not a yoga course or teachers training program. The Scheme is to validate the competence of Yoga Professionals for their knowledge and skill as per the Syllabus mentioned in the Scheme document.

### **2) What are the eligibility qualification/criteria needed for applying?**

There is no restriction on age, qualification, training or experience.

### **3) What are the Levels of certifications?**

Currently there are 2 levels of certifications-

**Level 1** Yoga Instructor certification

**Level 2** Yoga Teacher certification

### **4) What is the difference between Level 1 and Level 2 certifications? What is the syllabus for these certifications?**

**Level 1** is basic professional certification while **Level 2** is advanced. For the differences in the level and content of theoretical and practical knowledge required for each refer to the following links:

- Syllabus for **Level 1**:  
[https://yogacertification.tqcert.in/assets/pdfs/1516342303\\_tence\\_Criteria-Instructor\\_result.pdf](https://yogacertification.tqcert.in/assets/pdfs/1516342303_tence_Criteria-Instructor_result.pdf)
- Syllabus for **Level 2** :  
[https://yogacertification.tqcert.in/assets/pdfs/1516342247\\_tence\\_Criteria-Teacher\\_result.pdf](https://yogacertification.tqcert.in/assets/pdfs/1516342247_tence_Criteria-Teacher_result.pdf)

### **5) What is the relation between Level 1 examination and Level 2 examination?**

The Level 1 and Level 2 examination are independent of each other.

**6) Can I take both the examinations (Level 1 and 2) simultaneously?**

You can take ONLY ONE exam in one session. Both the exams cannot be taken together in one session. The candidate will be allowed to take only either Level 1 or Level 2 which applied for both theory and practical.

**7) Is the exam conducted by QCI only or there are approved bodies as well?**

QCI has approved TQ Cert Services Private Limited (TQ Cert) as a Personal Certification Body (PrCB) to conduct exams in India and abroad. Candidates can approach us to register and appear for the exams.

**8) How can I register for the certification?**

Candidate will need to register and then appear for an examination to obtain certificate. Both on-line and off-line examination formats are available which will be executed based on the resources available in hand by TQ Cert.

Foreign national applying from outside of India needs to register themselves on TQ Cert yoga website. The fee and other details will also be mentioned in the website

**9) What is the examination fee?**

Level	Stage	Fee for Indian Nationals	Fee for Foreign Nationals**
Level 1 Yoga Instructor	Stage 1 (Theory)	Rs.500 plus 18% Goods and Service tax = Rs.590	50 USD
	Stage 2 (Practical)	Rs.2,500 plus 18% Goods and Service Tax = Rs.2,950	100 USD
	Stage 1 + Stage 2 (Theory + Practical)	Rs.3,000 plus 18% Goods and Service Tax = Rs.3,540	150 USD
	Written Examination*	Rs.1,500 plus 18% Goods and Service Tax = Rs.1,770	75 USD
Level 2 Yoga Teacher	Stage 1 (Theory)	Rs.1,000 plus 18% Goods and Service Tax = Rs.1,180	100 USD
	Stage 2 (Practical)	Rs.4,000 plus 18% Goods and Service Tax = Rs.4,720	200 USD

	Stage 1 + Stage 2 (Theory + Practical)	Rs.5,000 Plus 18% Goods and Service Tax = Rs.5,900	300 USD
	Written Examination*	Rs.2,000 plus 18% Goods and Service Tax = Rs.2,360	150 USD

**Note:**

\* The fee is applicable only for the students who are appearing from the Certified Yoga Schools.

\*\* If the examination is conducted in India for foreign nationals, Goods and Service tax (GST) will be charged as per the rates applicable at the time of examination. Present rate of GST is 18%.

# If the Number of candidates are less than 25 and up to 10 from the Certified Yoga Schools the fees will be more and inversely proportional to the Number of Candidates.

**10) Fee Structure for written (theory) and practical:**

Scheme allows the candidate to choose from any of the following payment options:

- a. Candidates can pay separately for written and separately for practical.
- b. Candidates can pay a combine fee for both written and practical exam.

**11) Is fees transferable between PrCBs, QCI etc.?**

Please note that the fee is non-transferable. Candidate will have to take the exam with the PrCB or QCI with which it has registered.

**12) How do I apply?**

You can register in [yogacertification.tqcert.in](http://yogacertification.tqcert.in) by filling all the details along with the applicable fee.

**13) What is Consent?**

Consent is the option provided in the Candidates Dashboard. Candidate needs to submit the consent for both Theory and Practical Separately after completion of his registration including payment.

**14) What will happen if candidate do not submit his consent?**

It is the responsibility of the candidate to submit the consent after making the payment. If the candidate do not submit the consent, it is deemed that he/she is not interested to appear for the chosen date of exam and like to re-schedule his/her exam for another date and venue which is convenient to them. Hence, Admit card will not be generated

**15) What would be my status if I do not appear in exam?**

If candidate after being allotted admit card for a particular exam does not appear for the exam, then the Fee paid for the exam will be forfeited. In cases s/he wished to appear again then the candidate will have to apply again.

**16) Caution against Misrepresentation and Impersonation.**

Anybody found behaving or presenting itself as a TQ Cert representative without undergoing due approval process must be reported immediately to [tq@tqcert.in](mailto:tq@tqcert.in). Appropriate action will be taken against all such unapproved illegal players in the market

**17) What is the validity of the certificate?**

The certificate is valid for 3 years only. However, within 18 -21 months from the date of issuance of certificate, candidate shall need to approach TQ Cert for a surveillance examination. This test will revalidate the existing competence of the candidate.

It is the responsibility of the candidate to approach TQ Cert to take the surveillance. Candidates who fail to do so will have their name removed from the central registry.

**18) What are the languages available for exam?**

Candidates have to select their preferred language while applying. The languages available are:-

- In India - Hindi and English. TQ Cert may offer more languages in the coming days based on requirement.
- Rest of the countries- English.

**19) What is the pattern of the question paper and marking system of the exam for applicants?**

For both levels (L1 and L2), the examination has two stages. There is no provision for negative marking.

- Written (theory) Examination - The questions are of multiple choice questions (MCQ) type for both offline and online exam. In offline exams, the answer sheet will be in form of the Optical Mark Reader (OMR) while in online the software will generate the result.
- Practical examination: The candidate will be assessed by a panel of 3 examiner.

**Level 1:**

- a. The Scheme requires 30% weightage from written exam (knowledge) and 70% weightage from practical (skill) exam. The candidate needs to score a total of 70% marks cumulatively (theory + practical) for passing.

**Modalities:**

- i) The written exam shall comprise of 50 questions of 2 marks each totaling 100 marks of which 30% shall be considered for final evaluation.
- ii) The practical shall comprise of 100 marks of which 70% will be considered for final evaluation.
- iii) There are no qualifying marks for written exam and the candidate needs to decide if they wish to undertake practical exams based on their readiness.
- iv) The cumulative score for written and practical needs to be 70% for passing.

**Level 2:**

**Modalities**

- i) The written exam for Level 2 will be of 100 marks.

- ii) The theory (written) paper shall consist of two sections – A and B. Section A shall consist of 60 objective type questions of 1 mark each and section B shall consist of 20 objective type questions of 2 marks each.
- iii) The candidate must score a minimum of 70% marks as the qualifying marks to become eligible for practical examination.
- iv) The practical exam will be of 100 marks of which the candidate needs to score 70% for being eligible for certification.
- v) The PrCB may however, need to have provisions to conduct the practical exams the same date or on a different day. The clauses of fee structure and reappearing shall be applicable for both L1 and L2.

**20) What is the procedure of certifying a student coming out of a QCI Certified School.**

The candidates passing out of QCI Certified Yoga Schools need to only appear in the written exam and are exempted from practicals.

**Level 1:** The candidate needs to appear for a written examination of 100 marks. The candidate must score a minimum of 70% for qualifying to become a certified YP.

**Level 2:** The candidate needs to appear for a written examination of 100 marks. The candidate must score a minimum of 70% for qualifying to become a certified YP.

**21) Reappearing/Re-evaluation:**

**Reappearing** – Applicable for both theory and practical exam.

- a) Candidates are allowed for one reappearance for theory and one reappearance for practical on payment of the stipulated fee.
- b) Candidates cannot reappear twice for either theory or practical on payment of the stipulated fee.
- c) The reappearing candidates shall undergo written and practical that will have the same format as for fresh candidates.
- d) After completion of the stipulated re-appearance chances, the candidate needs to apply afresh.

**Re-evaluation** – Applicable for only theory exam (rechecking).

- e) Candidate that wish to recheck their marks in written (theory) exam within 15 days of declaration of results.

**22) What is the Fee Structure for Re-Appearence?**

Candidate can re-appear either theory or Practical or both whichever he/she failed in the first attempt by making the requisite fee. Please refer Q.No.9 for detailed break-up of fee.

**23) How candidate can make the payment for Re-appearance?**

Candidate can login to [yogacertification.tqcert.in](http://yogacertification.tqcert.in) with his credentials and go to exam results tab and make the requisite fee for the failed stage by clicking on the payment link.

**24) Does the candidate need to submit his consent for re-appearance also.**

Yes. Consent is a mandatory field and it is the responsibility of the candidate to submit the same by login to [yogacertification.tqcert.in](http://yogacertification.tqcert.in) with his credentials and go to exam results tab and submit his consent after making the payment.

**25) What if Institutions State or Central Governments wish to conduct examination in their premises or request for bulk examination?**

In such a case all such request shall be directly catered to by TQ Cert. The concerned official needs to send email to [tq@tqcert.in](mailto:tq@tqcert.in)

**26) Are there any prescribed book?**

No we do not prescribe any books, however, we do prescribe the syllabus that is freely available on our website. Yoga official guidebook for both Level 1 and Level 2 is available in eBook format freely available on QCI website <http://104.199.212.164/ebookyoga/ebook/files/basic-html/index.html>

**27) How will I know the results of the examination?**

The result of the candidates are published directly on the dashboards of the candidates. Candidate can login into their dashboard via our website for the results. The results are not made public respecting the individual privacy and will not be disclosed publically.

**28) What if I fail in the exam?**

If the candidate fails the examination, the candidate could appear as per reappearing/re-evaluation policy.

**29) What is Registry? What is the use of the Registry?**

TQ Cert is maintaining a database of certified yoga professionals. This will:

- a) Comprise of all the candidates who have passed the exams.
- b) Assist the employers in verifying whether a professional is certified.
- c) It will assist the students for identifying a teacher.

Please be informed that the candidates that fail to lend themselves to surveillance within the stipulated term of 18-21 months shall be removed from the registry. All such candidates shall be solely responsible for all the consequences arising out of the expulsion from the registry.

**30) How will this certification benefit me?**

- a) This Scheme is supported by the Government of India
- b) Ministry of External Affairs body, the Indian Council of Cultural Relations (ICCR) has recognized the YP Level 2 certification and made it as a pre-requisite for foreign deputation for promotion of Yoga
- c) State Governments are keenly interested to insert this as a requirement for their recruitment drive from time to time - e.g. Government of Haryana
- d) Probability of higher employment opportunities in government schools, colleges, Yoga institutions.
- e) List of successful candidates will be displayed on AYUSH website for providing any further opportunities arising
- f) It will assist the learners in seeking qualified Yoga teachers.

**31) What if I'm not satisfied with my evaluation?**

If the candidate is not satisfied with his marks, they are permitted to apply for reevaluation/rechecking.

- Payment mode - NEFT, Cheque, DD payable at Hyderabad drawn in favour of TQ Cert Services Private Limited, Our Bank Account no is.00812560000334. HDFC Bank Ltd, Himayatnagar Branch, Hyd - 500 029.
- For E - Payments please mention RTGS/ NEFT IFSC CODE: "HDFC0000081"

**32) What are reevaluation modalities for theory and practical Exams?**

The question paper and the answer sheet of exam held will not be shared since the questions are a part of the question bank.

**a) Re-evaluation of Theory Examination (Both level 1 and 2)**

Re-evaluation for theory needs to be applied within 15 days of declaration of the result. The re-evaluation of theory will be limited to recalculation of marks.

**b) Re-evaluation of Practical Examination (Both level 1 and 2)**

Re-evaluation for practical to be applied within 15 days of result declaration. For the re-evaluation, the candidate will need to lend himself before an examination panel duly constituted with one lead examiner and two examiners. The Lead examiner shall review the marks obtained earlier by the candidate and will examine the candidate along with other examiner. The duration of this re-evaluation is also at the discretion of the lead examiner.

The charges for re-evaluation for both level 1 and 2 are as follows:

- Theory: Rs.1000 + applicable taxes
- Practical: Rs.3000 + applicable taxes

**33) How much time is allowed for a candidate to clear Stage II (practical exam) after passing the Theory exam?**

Stage 2 exam for Level 1 and Level 2 has to be cleared within 60 days of the result declaration of stage 1. TQ Cert will announce date, time and venue of the examination.

**34) How do I contact TQ Cert:**

You can reach us on 040-6725 8800 / 6725 8895

**35) What is your documentation retention policy?**

All exam documents pertaining to the application shall be retained for a period of one year. Documents of the certified personnel shall be retained for a period of one certification cycle (3 years). All records shall be maintained in soft copy as per above duration, however all unused physical documents like question paper, OMR sheets will be destroyed in 30 days of the exam being conducted.

**36) What is Surveillance?**

Surveillance is the process to verify that the certified YP maintains the same level of competence as it was during the time of initial certification. This is a normally accepted norms in personnel certification Scheme.

The certified Yoga Professionals shall be periodically evaluated with 18-21 months during the period of the valid certification. The surveillance can be done either on-site or by means of video conferencing, where feasible. It shall involve witnessing the certified Yoga



Professional in live teaching session covering demonstration of knowledge, skills and teaching ability.

The duration of witnessing shall be sufficient to cover the above but not less than one hour. The witnessing shall be undertaken once in a certification cycle for each certified professional.

**a. Surveillance to be carried out by QCI or TQ Cert?**

The candidates needs to approach TQ Cert for Surveillance.

**b. Frequency of surveillance**

Once within the certification period of 3 years

**c. Type of Exam**

Practical – refer to document 4A and 4B.

**d. Mode of Exam**

Both Online /Offline are allowed.

**e. Fees proposed for Level 1 and 2**

1500 and 3000 for L1 and L2 plus applicable taxes respectively.

**f. What process will be adopted for surveillance of out-stationed/stationed candidates**

All need to come to the exam centre.

**g. Is there any feedback to be taken for the candidate due for surveillance?**

The candidates needs to submit details of 10 students trained by them along with name/ contact details etc. to TQ Cert to seek feedback.

**h. Is there any requirement of examiners in this process? If yes then how many?**

There shall be a panel of 3 with one lead examiner as mentioned in examination process.

**37) Can I take the exam if I have some physically disability?**

Yes, for differently abled people, the requirement for certification would be limited to only theoretical knowledge and teaching practice. Such professionals will be certified that they have been evaluated only for Knowledge and teaching practice.

The nature of disability needs to be reported to TQ Cert for getting approval on a case to case basis principle.

For more information and candidate specific information – please contact [tq@tqcert.in](mailto:tq@tqcert.in)